



5K Run and Walk To Benefit the Open Pantry

8:00 a.m. Thanksgiving Day, November 22, 2018
Lenox/American Saw, 301 Chestnut Street, East Longmeadow

Entry Fee: Regular: \$25 plus a food donation (Age 18 and under: \$20) plus food donation until 11/9/2018; after 11/9/2018 and Race Day: \$30 plus food donation for *all* entrants

T-shirt to all entrants registered by 11/1/18

Number Pick-Up: on Race Day and at Fleet Feet, Longmeadow, 11/22 from 10:00 a.m. to 6:00 p.m.

RACE APPLICATION

Mail To: Charlie Casartello, 118 Duxbury Lane, Longmeadow, MA 01106

(please include your check payable to stuffing the pantry)

CHECK APPROPRIATE BOX:

5K RACE

WALK

BIB#

OFFICIAL USE:

LAST NAME

FIRST NAME

AGE ON: 11/22

GENDER

ADDRESS

CITY

STATE

E-MAIL

T-shirt size: S M L XL XXL

WAIVER/RELEASE In consideration of accepting this entry to and allowing me to participate in the Stuffing the Pantry 5K Road Race and Walk, I, the undersigned, intending to be legally bound, for myself and my heirs, executors and administrators, hereby hold harmless from any damages, losses, or personal injury of any kind sustained during or in any way connected with or otherwise concerning my participation in the Stuffing the Pantry 5K Road Race or Walk, any one or any sponsors of this event, including but not limited to Open Pantry and their affiliates, and any individuals, employees or agents associated with such entities, and their representatives, successors and assigns; and further, I hereby waive and release and forever discharge such persons or sponsors of and from any and all claims, causes of action, judgments and rights for any losses and damages I may have, arising from any and all injuries, including death, losses or damages suffered by me in this event. I verify that I am physically fit and have trained sufficiently for the completion of this event. I hereby grant full permission to any one and all of the sponsors to use any photographs, videotapes, pictures or other likeness of me obtained in connection with this event to/ for any lawful purpose.

Participant's signature: _____ **Date:** _____

(Parent's Signature Required if Participant is less than 18 years of age)

For More Information email <mailto:stuffingthepantryspringfield@gmail.com> or check our website at www.stuffingthepantry.org